

MAIN MENU

SALADS

LAMB SALAD - \$19.90

Marinated lamb served with a roasted capsicum, macadamia, rocket, feta with a pumpkin smear and balsamic reduction

ORIENTAL WARM CHICKEN SALAD - \$18.50

Grilled chicken, rocket, coleslaw, Spanish onions, spring onions and cashews with a special oriental style dressing

CAESAR SALAD (V) - \$15.50

Coz lettuce, crispy bacon, shaved parmesan, croutons, a poached egg and a traditional Caesar dressing.
Add chicken or salmon (ex\$3.00)

2 COURSE LUNCH DEAL @ \$27

1ST COURSE (Choose one)

Pumpkin Arancini (2) **or**
Lemon & Pepper Calamari

2ND COURSE (Choose one)

Eggplant Parma
Veg Tacos (2)
Vego Burger
Twisted Beef Burger
Crispy Chicken Burger

DRINK — (Choose one)

Any Soft drink, Glass of house wine or a Beer of your choice

LIGHT MEALS

OPEN STEAK SANDWICH - \$16.50

Marinated porterhouse served on top of toasted Sour Dough with caramelized onion, lettuce leaves, bacon, cheese, beetroot relish, aioli and a fried egg served with chips

VEGIE STACK (V)(GF) - \$14.50

Grilled eggplant and zucchini served with pumpkin puree and sautéed mushrooms

EGGPLANT PARMA (V)(GF) - \$15.50

Grilled eggplant topped with Napoli sauce and mozzarella cheese served with a side salad

VEG FOCACCIA (V) - \$12.50

Baby spinach, grilled eggplant, grilled zucchini and feta with tomato relish served with chips

CHICKEN FOCACCIA - \$13.50

grilled chicken with baby spinach, sliced tomato and feta with aioli served with chips

PUMPKIN ARANCINI (V) - \$15.00

Moreish risotto balls (4) served on top of a herb aioli

CRISPY VEG TACOS (2) \$17.90

Sautéed corn and zucchini, red cabbage, crispy onion rings with our special house sauce on soft tortilla

CRISPY PORK BELLY TACOS (2) \$19.90

Pork belly, red cabbage, crispy onion rings with our special house sauce on soft tortilla

MAINS

SALT 'N' PEPPER CALAMARI - \$22.00

Lightly dusted then fried calamari seasoned with cracked pepper and sea salt, served with aioli and a side of chips or salad

GOLDEN FLATHEAD TAILS - \$22.00

Battered flathead tails fried till golden served with a side of chips or salad and tartare sauce

CHICKEN PARMIGIANA - \$22.50

Crumbed and grilled chicken breast topped with Napoli and mozzarella served with chips or salad

PORTERHOUSE STEAK - \$33.00

Grain fed porterhouse cooked to your liking, served with a side of chips or salad and sauce (gravy, red wine, mushroom, garlic and pepper)

GARLIC PRAWNS - \$26.50

Sautéed in garlic, finished in a cream sauce served on a bed of rice with salad

CHICKEN AVOCADO - \$26.50

Grilled chicken breast topped with avocado and a garlic cream sauce with chips or salad

CHICKEN ALEXANDRIA - \$26.50

Grilled chicken breast topped with sautéed mushrooms, bacon and spinach in a white wine sauce served with chips or salad

CHICKEN INVOLTINI - \$28

Chicken Breast stuffed with roasted capsicum, spinach and cheese wrapped in prosciutto finished in a creamy pesto sauce served with a side of chips or salad

PASTA & RISOTTO

FETTUCCHINI CARBONARA - \$17.50

Pan-fried bacon in a garlic cream sauce

SPAGHETTI BOLOGNAISE - \$16.50

Slow cooked mince in a rich tomato sauce

PENNE TWISTED - \$17.50

Chicken, mushroom, sun dried tomato, spinach in a Napoli sauce

SPAGHETTI AMARE - \$19.50

Mixed seafood in a garlic, olive oil and Napoli sauce

TORTELLINI MUSHROOM - \$19.90

Sautéed mushrooms in garlic cream sauce finished with a truffle oil drizzle

RISOTTO CHICKEN AND MUSHROOM - \$17.50

Sautéed chicken and mushrooms in a garlic cream sauce

PRIMAVERA RISOTTO (V) - \$17.50

Sautéed spinach, mushroom, pumpkin and sun-dried tomato in a cream sauce

OVEN TWIST RISOTTO (GF) - \$19.50

Pan-fried chicken with pumpkin, baby spinach in a creamy Napoli sauce

EXTRA SIDE CHOICES (V)

Roasted Dukkah Vegetables - \$5.50

Chips - \$3.50

Side of seasonal Vegetables - \$4.50

Grilled Halloumi - \$7.00

Side Salad - \$3.50

KID'S MENU (AGE 12 OR UNDER) - \$12.90

(All kids meals come with ice cream and a soft drink)

- Nuggets and Chips
- Spaghetti Bolognaise
 - Fish & Chips
- Fried Calamari & Chips

DESSERTS

\$9.50

From our selection in the Display Fridge

Served with a complimentary Coffee/ Tea

BEN AND JERRY'S ICE CREAM

120ml shorties - \$ 5

458ml pints - \$14.90



We are a FREE WIFI ZONE!



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(V) Vegetarian option available

(GF) Gluten Free option available

*We can cater for most dietary needs, please inform our staff if you have special dietary requirements.

Enjoy your dining experience at The Oven Twist